



United States House Committee on

Ways & Means

CHAIRMAN JASON SMITH

H.R. 3800 – The Chronic Disease Flexible Coverage Act

Chronic Disease in the United States

- Six in ten Americans live with at least one chronic disease such as heart disease, cancer, or diabetes.
- 90% of our nation's \$4.1 trillion in annual health care spending is for patients with chronic and mental health conditions.

"First Dollar Coverage"

- 56% of employers offer employees high-deductible health plans (HDHPs).
 - \$1,500 annual deductible for individuals, \$3,000 for family coverage.
- "First dollar coverage" allows employers to pay for certain low-cost, high-value health care services *before* an individual reaches their deductible.

Encouraging Chronic Disease Management

In 2019, the Trump Administration expanded "first dollar coverage" to allow employers who offer HDHPs the option to cover 14 chronic care management medical services. This flexible option allows employers to incentivize their employees to adhere to key chronic disease management services, improving patient health while reducing disease progression and costly hospitalizations.

Services include:

- Beta-blockers for patients with congestive heart failure.
- Blood pressure monitors for patients with high blood pressure.
- Glucometers for patients with diabetes.
- Inhalers for patients with asthma.
- Cholesterol drugs and testing for patients with heart disease.

H.R. 3800

- Codifies the Trump Administration's chronic disease management flexibilities to encourage employers to offer these high-value health care services.
- Ensures this list of services can continue to be expanded upon, as needed.